

September 2024







Sunday

Thursday

Saturday

11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 MANICURES

11:00 EXERCISES 11:30 SIT OUTSIDE 2:00 BINGO

11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 DOMINOES 2:00 BOWLING

11:00 EXERCISES **11:30 SIT OUTSIDE** 1:00 SING A LONG

11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 HAND **MASSAGES**

10:00 MOVIE 2:00 COFFEE TALK 6:00 LAWERNCE **WELK**

SEPT 2ND **LABOR DAY**

SEPTEMBER

HIGHLIGHTS

8 11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 MANICURES

10 11:00 EXERCISES 11:30 SIT OUTSIDE 2:00 BINGO

11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 DOMINOES **2:00 BOWLING**

12 11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 SING A LONG

11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 HAND **MASSAGES**

14 10:00 **MOVIE** 2:00 COFFEE TALK 6:00 LAWERNCE **WELK**

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16 11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 MANICURES

17 11:00 EXERCISES 11:30 SIT OUTSIDE 2:00 BINGO

18 11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 DOMINOES 2:00 BOWLING

19 11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 SING A LONG

20 11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 HAND **MASSAGES**

21 10:00 MOVIE 2:00 COFFEE TALK 6:00 LAWERNCE **WELK**

SEPT 22ND FIRST DAY OF

FALL

23 11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 MANICURES

24 11:00 EXERCISES 11:30 SIT OUTSIDE 2:00 BINGO

25 11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 DOMINOES **2:00 BOWLING**

26 11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 SING A LONG

27 11:00 EXERCISES 11:30 SIT OUTSIDE 1:00 HAND **MASSAGES**

28 **10:00 MOVIE** 2:00 COFFEE TALK 6:00 LAWERNCE **WELK**

HAPPY BIRTHDAY SEPT 24TH **SHIRLEY W.**

29 30 11:00 EXERCISES

11:30 SIT OUTSIDE 1:00 MANICURES

ACTIVITIES ARE SUBJECT TO CHANGE. ALL FAMILIES AND FRIENDS ARE WELCOME TO ATTEND ALL ACTIVITIES