

Monthly Mewsletter

May 2025

Mother's Day

ROTARY SENIOR LIVING

We Age HIRING!

OPEN POSITIONS

Charge Nurse RN Charge Nurse Van Driver Director of Nursing CMA 2-10/10-6 Must have Iowa License Staff Nurse Must have LPN or RN license

Maintenance Tech

Maintenance Supervisor

JOIN OUR TEAM

SEND YOUR RESUME TO DORIS.HOLMES@ROTARYSENIORLIVING.COM

GET THE OPPORTUNITY TO JOIN OUR TEAM & GAIN EXPERIENCE & BENEFITS BY WORKING WITH US!

HOURS OF OPERATION BUSINESS OFFICE: 8:00 AM - 5:00 PM TELEPHONE: (515) 448-5124 MAINTENANCE: 7:00 AM - 3:00 PM TELEPHONE: (515) 448-5124 **EMERGENCY AFTER HOURS:** (515) 851-1596

CONTACTS ADMINISTRATOR: DIANE CASPERSON RN, BSN. LNHA DIRECTOR OF NURSING: ASSISTANT DIRECTOR OF NURSING: LACY DENCKLAU RCF NURSING SUPERVISOR: DEBRA CARR BUSINESS/FINANCIAL: LAURA THOMAS **HUMAN RESOURCES OFFICE:** DORIS HOLMES **ENVIROMENTAL SUPERVISOR: DORIS HOLMES DIETARY: DEBORAH VENNER** SOCIAL SERVICES: NAVY WHETSTONE **ACTIVITIES/TRANSPORTATION: KELLI PETERSON** MARKETING: ASHLEY METCALF PROPERTY MANAGER/ **ENVIRONMENTAL:** THERAPY: MILLENNIUM THERAPY



I want to share an important update about the future of Rotary Senior Living. Over the past several weeks, we've been working with outside consultants to evaluate how we can strengthen our operations and ensure long-term success. As part of this process, we have made the decision to partner with Accura HealthCare to manage our organization, effective May 1, 2025. This change is aimed at helping us stabilize and grow, so we can continue delivering the quality care and services our residents and families expect.

It's important to note that Rotary Senior Living will continue to be locally owned, with oversight provided by our Board of Directors. However, we will now be working closely with the Accura HealthCare leadership team, who will offer guidance and operational support to help us move forward with strength and stability. While I had previously planned to step away from my role, I have agreed to stay on during this time of transition to help support a smooth handoff, as my commitment to the success of Rotary Senior Living remains strong.

We are confident that this partnership will also enable us to bring key personnel onto our leadership team, providing added support and expertise. If you have any questions or concerns, please don't hesitate to reach out. I'm always happy to talk and provide any clarity or support you may need.

We appreciate your trust and support as we move forward together in partnership to continue providing care you can count on—now and into the future.

Thank You for Your Valuable Feedback!

We would like to extend our heartfelt gratitude to all the residents and family members who participated in the 2025 Resident Satisfaction Survey. Your feedback is incredibly important to us and plays a key role in helping Rotary Senior Living continue to grow and improve.

We are pleased to share that our overall satisfaction scores improved from last year and continue to compare favorably to statewide averages. Highlights include:

- Overall satisfaction and recommendation scores were strong, with 89.3% of respondents saying they would recommend Rotary Senior Living.
- Staff care and friendliness continue to be highly rated, with a 4.18 average rating.
- Cleanliness and facility appearance were rated above the statewide average at 4.29.

However, your comments and scores also identified several key areas where we can do better. We take this feedback seriously, and we are committed to making meaningful improvements.

Areas for Improvement

- Dining experience: Food quality and temperature were among the lowest-rated items, with an average score of 3.35. Several comments noted meals arriving cold or lacking variety.
- Communication: Some families expressed a desire for better communication regarding care updates, appointments, and changes.
- Staff consistency: While permanent staff received praise, concerns were raised about temporary agency staff and perceived lack of engagement.
- Facility updates: Comments suggested that some furnishings and areas of the facility are due for refreshing. Our 2025-2026 Priorities

Based on your feedback, we've developed the following improvement priorities:

- 1. Enhance meal quality and dining service:
 - Conduct a review of food preparation and delivery processes.
 - Implement regular taste-testing and resident meal planning sessions.
- 2. Improve staff communication:
 - Reinforce communication protocols between departments and with residents/families.
 - Provide regular training to staff on compassionate and proactive communication.
- 3. Increase staffing stability and engagement:
 - Focus on recruitment and retention of full-time caregivers.
 - Reduce reliance on agency staff whenever possible.
- 4. Assess facility environment and appearance:
 - Identify areas in need of updates or improvements.
 - Explore funding opportunities and plan for future enhancements as resources allow.
- 5. Strengthen community and volunteer involvement:
 - Explore partnerships with local schools and organizations to support activities and resident engagement.

Department News

By: Ashley Metcalf/Marketing

Marketing Department Monthly Update – April Highlights & May Preview Hello from your friendly Marketing Department!

I've had a busy and exciting April here at Rotary Senior Living and I'm thrilled to share what I've been up to—and give you a sneak peek at what is coming in May!

April Highlights

1. Pork Loin Dinner Prep Is in Full Swing!

Our biggest focus this month has been preparing for the Free Will Donation Pork Loin Dinner coming up May 6th! We've been spreading the word through social media and community outreach. It's all hands-on deck as we gather auction items and rally support for our fundraising goal: a new call light and wander system to enhance safety and communication for our residents.

2. Social Media Spotlight
We've been more active than ever on
Facebook, sharing resident stories,
behind-the-scenes moments, and event
reminders. We love showcasing the heart
and spirit of our community—and your
likes, shares, and comments help us
reach even more people!

3. Community Connections
This month, we connected with several
local businesses and community members
who've generously contributed to our
upcoming fundraiser. It's inspiring to see
how much love and support Eagle Grove
has for our seniors!

Looking Ahead to May

1. Pork Loin Dinner & Auction – Let's Do This!

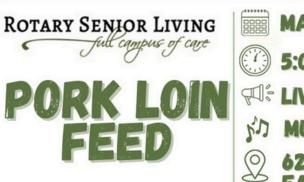
Mark your calendars and bring your

appetites—our big event is happening soon!

We'll have great food, friendly faces, and
auction items. If you have not donated yet,
there's still time! Bring your items to:

† 500 S Blaine Ave, Eagle Grove, IA







COME CELEBRATE NURSING HOME WEEK WITH A FREE WILL DONATION PORK LOIN DINNER AND A LIVE AUCTION TO FOLLOW

2. Mother's Day Celebrations
We're planning a special campaign to honor the incredi

We're planning a special campaign to honor the incredible mothers in our community. Be on the lookout for heartfelt posts, photos, and more.

3. Resident Testimonial Tuesday

Starting in May, we'll be launching "Resident Testimonial Tuesday" on social media—a weekly spotlight where we share the stories, wisdom, and joy of our amazing residents. If you know someone who should be featured, let us know!

4. More Community Outreach

We're continuing our efforts to strengthen ties with local schools, businesses, and volunteers. More partnerships mean more support, more smiles, and more opportunities for our residents.

Thank you for following along with what the Marketing Team has been up to. Your support helps us share the story of our senior living community in the most meaningful way.



May Activity Highlights

Activities are subject to change

Residential Care Facility

Church Service Sunday 11:45 Misc. Games/Crafts/Exercise Monday--Friday at 8 am, 9 am and 10:00 am Cooking Club - Friday at 8:30 am Bingo - Fridays at 9:30 am New Hope Church Saturday at 4 pm Cinco De Mayo Party May 5 at 10 am

Memory Assisted Living

Church Service Sunday 11:45 Monday – Friday -Exercise 11 am Monday - Friday Games 11:30 am Manicures Mondays 2pm Bingo - Tuesdays 1:30pm Coffee & Snack Tuesday 3pm Book Club Thursday 4pm Afternoon Games/Videos – 1pm-4pm³ Cinco De Mayo Party May 5th at 4pm



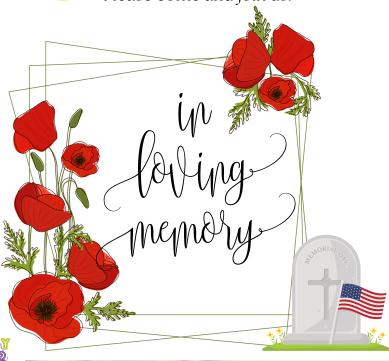
Skilled Nursing Facility

Chruch Service Sundays at 11:00 am Daily Exercise/Activities 10am Misc. Games/Crafts Starting at 10 am Bingo – Wednesday & Friday 2 pm Hand massages Thursday 10 am Misc. Games/Crafts at 6pm Movies Sunday 2 pm Social Hour Thursdays at 2 pm Happy Hour May 8 and May 22 at 2pm 🦞 **EASINO** Night Fridays at 6pm Cinco De Mayo Party May 5 at 2pm

Family and Friends please come and join us for any of the activities and social hours!!



New Hope Lutheran will be holding services each Saturday at 4pm in the RCF Chapel with coffee afterwards. Please come and join us!



Memorial Day is an American holiday observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. It originally called Decoration Day, and began during the American Civil War when citizens placed flowers on the graves of those who had been killed in battle. After World War I, it came to be observed in honor of those who had died in all U.S. wars, and its name changed to Memorial Day.

Resident Spotlight

Resident of the Month: Celebrating a Life of Dedication – Dale Kraft



This month, we are honored to shine a spotlight on a man whose life has been a testament to hard work, family, and quiet strength—our Resident of the Month, Dale Kraft.

Dale was born and raised just north of Renwick, Iowa, where he grew up on a family farm alongside his three sisters and two brothers. Life on the farm was never easy, but it taught him lessons that would shape the rest of his life—lessons in responsibility, perseverance, and the value of a good day's work. From early on, he worked with livestock and helped with farming corn and soybeans, gaining a deep respect for the land and the effort it takes to care for it.

After high school, Dale took his work ethic with him into the military, where he proudly served for four years. During that time, he worked on airplanes, gaining a new set of skills and a broader view of the world. His service is a part of his story he carries with quiet pride. After his time in the service, Dale returned to his roots—back to the farm, back to lowa. And it was around this time that he met the love of his life at an ice cream shop in Eagle Grove. That simple, sweet moment turned into a love story that lasted 66 years. Together, he and his wife, Lois built a life full of family, laughter, and unforgettable memories. They raised three children—two sons and a daughter—and watched their family tree grow to include four grandchildren and five great-grandchildren. Family has always been at the center of Dale's life, and nothing brings him more joy than seeing his legacy grow through them.

In his younger years, Dale was an avid athlete. He played basketball, football, and baseball, and those early experiences instilled in him a lifelong love of sports and teamwork. Even today, he enjoys talking about his playing days and watching a good game on TV. Though Iowa has always been home, Dale also found joy in traveling. He's been to Disneyland in Florida, explored the breathtaking beauty of Alaska, and soaked up the sun in Hawaii—each trip adding another chapter to a well-lived life.

Today, Dale is still known for his warmth, wisdom, and the way he lights up a room with a simple story or smile. He's a reminder of what it means to live fully—rooted in values, surrounded by love, and always open to new adventures. We're proud to call Dale our Resident of the Month and even prouder to have him as part of our community. Thank you, Dale, for inspiring us all with your life, your spirit, and your unwavering kindness.



A HUGE Thank-you to or friends at Sacred Heart Church for spending their time and energy helping with yard cleaning at Rotary Senior Living!

Their kindness, smiles, and hard work brought new life to our outdoor spaces and warmed our hearts too.



We are so grateful for the love and support from our local community. It truly takes a village, and we are blessed to have you as part of ours!







Skilled Nursing By: Lacy Dencklau ADON

Nursing Corner: Celebrating the Heart of Senior Care

At Rotary Senior Living, our healthcare team is more than caregivers—they're companions, advocates, and champions of wellness. From our licensed nurses to our dedicated CMAs, CNAs, and Restorative Nursing Aides (RNAs), each team member brings compassion, expertise, and heart to everything they do.

Here are some fun and inspiring facts about nursing and caregiving—especially focused on the incredible work being done for our senior residents:

- √ A Legacy of Care: Nursing and elder care have evolved over the years, with CMAs, CNAs, and RNAs now playing specialized roles in supporting seniors' health, comfort, and independence.
- Every Role Matters: Whether it's a nurse educating a family, a CMA carefully administering medication, or a CNA assisting with daily tasks, every interaction builds trust and connection with our residents.
- ♦ CMAs Keep Us on Track: Certified Medication Aides help ensure medication is given safely and on time—watching closely for any changes in how a resident feels or reacts.
- CNAs Bring Comfort Daily: Certified Nursing Assistants assist with everything from hygiene to meals to mobility, offering hands-on support that brings dignity and ease to daily living.
- 1. Restorative Nursing Aides Promote Strength: RNAs work closely with residents on exercises, mobility routines, and restorative programs set up by therapy. Their goal? To help each person maintain or regain their strength, balance, and independence through movement.
- Wellness Through Engagement: Our care team helps keep minds and bodies active—whether it's through conversation, mental stimulation, or physical activity designed to suit every resident's ability.
- It Takes a Team: Nurses, CMAs, CNAs, and RNAs each bring something unique to the table. Together, they create a care environment where our residents feel safe, seen, and supported every day.
- Let's all take a moment to thank these dedicated professionals for the energy, heart, and excellence they bring to Rotary Senior Living. We're better because of you!

Activities Department

By: Kellie Peterson

🌼 May News from the Activities Department 🌼

Hello from the Activities Department!

Spring is in full bloom, and so are our activities here at Rotary Senior Living! May is a month of celebration, creativity, and connection. We have a wonderful lineup of events planned to keep everyone engaged, smiling, and enjoying the season. This month, residents can look forward to:

- Mother's Day Tea Party Join us for an elegant afternoon with tea and treats to celebrate all the amazing mothers in our community.
- Outdoor Gardening Days Let's get our hands in the soil and plant some beautiful flowers in our courtyard garden with the Middle Schoolers!
- Memorial Day Celebration We'll honor our veterans and heroes with a special ceremony, music, and refreshments.
- Spring Craft Sessions Create colorful springtime crafts to brighten up your rooms or share with loved ones.
- Daily Fitness and Fun Stay active with chair yoga, morning walks, and our ever-popular bingo and trivia afternoons.

We are excited to welcome warmer days and even brighter smiles. As always, residents are encouraged to suggest new activities or volunteer to lead a group! Let's make this May full of joy, laughter, and wonderful memories. Stay tuned for more updates posted on the activity board!



Lets Go Green
Please give us your email address
So that we may email you the
Monthly News Letter.
Thanks



Memory Support Assisted Living/Residential Care Facility By: Deb Carr, LPN

RCF and Assisted Living News

Spring is in full bloom, and we're looking forward to the warmer days ahead! Our residents are eager to spend more time outside enjoying the courtyard. This season, we'll be offering a variety of outdoor activities including gardening, exercise club, and games. Water and snacks will be available to keep everyone refreshed and energized.

We are excited to invite families and friends to our Pork Loin Dinner on Tuesday, May 6, 2025, from 5:00 to 6:30 p.m. in the RCF dining room. This special evening will include a delicious meal and a live auction following dinner. A freewill donation will be accepted. If you plan to attend with your loved one, please let us know—we would love to have you join us for an evening of food, fun, and community.

Please also join us for a piano recital by Ann Schriver and her students on Saturday, May 10, at 1:30 p.m. in the RCF living room. This is a wonderful opportunity to enjoy beautiful music together with your loved one.

We are pleased to welcome Barb Hamer to our Memory Care community! We're so glad she's here and look forward to sharing many fun moments together.

If you have any questions, suggestions, or concerns, please don't hesitate to reach out. You can contact us at: RCF Cell: 515-851-5865

Assisted Living Cell: 515-851-9046
South Nursing Office: 515-448-5124, Ext. 237
Deb Carr-Nursing Supervisor's Cell: 512-994-6587
We appreciate your continued support and look forward to a joyful and active May!

Social Services:

By: Navy Whetstone

Celebrating Mother's Day: Honoring the Women Who Raised Us

Each year on the second Sunday in May, we take a special moment to celebrate the remarkable women who gave us life, love, and guidance—our mothers. Mother's Day is more than just cards and flowers; it's a heartfelt tribute to the nurturing spirit, strength, and sacrifice of mothers everywhere.

The modern celebration of Mother's Day began in the United States in the early 20th century, thanks to the efforts of Anna Jarvis, who wanted to honor her own mother's legacy. Since then, the tradition has grown and spread across the world, with many countries joining in to recognize and appreciate mothers in their own special ways.

Interestingly, long before today's Mother's Day was established, people in Britain celebrated "Mothering Sunday" during the Middle Ages. On the fourth Sunday of Lent, those who had moved away would return home to visit their families and attend church at their "mother" parish. This day naturally became a time to also visit and celebrate mothers, a tradition that still continues in the UK today.

At our nursing home, Mother's Day holds a particularly special place in our hearts. Many of our residents have spent their lives caring for others—as mothers, grandmothers, and even great-grandmothers. Their stories are woven with love, resilience, and devotion, and they inspire us daily.

This Mother's Day, we invite everyone—residents, staff, and families—to share in the celebration. Whether it's through a phone call, a handwritten note, or a warm hug, every small gesture is a way to say, "Thank you, Mom." Let's take this time to honor the amazing women who have shaped our lives with their wisdom, kindness, and unwavering love. Happy Mother's Day to all the incredible moms in our community. You are deeply cherished and celebrated.

Human Resources:

By: Doris Holmes Resources Director

Now that we are in May, we can think back on the tradition of May. Did you ever do may baskets or participate in a May pole decorating? I have never participated in may pole dance, however, May baskets on May 1st you bet! Did you use cups and a pipecleaner for a handle, or were you really creative and actually made your basket out construction paper? I remember popping LOTS of popcorn to fill all those baskets and then adding some candy. When you delivered them, was it to school, or to your friends house? These are great memories that can be shared with others. I know my grandchildren still like to make them, at least for themselves!! Enjoy the weather, the flowers and some favorite memories!





April New Team Members:

Navy WhetstoneSocial WorkerApril 8, 2025Riley WelchCNAApril 11, 2025Tiffany HiveleyCookApril 23, 2025

Missing from our Team:

CMA (evenings & nights)
Charge Nurse
RN Charge Nurse
Director of Nursing
Maintenance Supervisor
Maintenance Tech

Do you know someone who would fit these roles? Please refer them to our Human Resource team.

Wellness Center:

by: Doris Holmes

The month of May has many great wellness tips!

Ø National Physical Fitness & Sports Month

Ø Older Americans Month

Ø Mental Health Awareness

Ø National Women's Health Week (May 14th to May 20th)

We are all in different paths of our lives, so pick the one that means something to you and be sure to focus on it during the month of May.

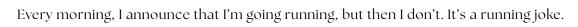
New rates effective May 1, 2025

Hours of Operation	Student	Adult	Couple	Family	Senior (60+)
Mon – Sat 8:00 a.m. – 9:00 p.m.	Monthly rates: \$50	\$55	\$75	\$55+15/PP	\$50
Sunday 8:00 a.m. – 4:00 p.m.	Annual Rates: \$480	\$540	\$ 720	\$540+\$8/P	P \$480

Daily Rate Per Person \$10







Dietary By Debbie Venner CDM-CFPP

May News from the Dietary Department **

Hello everyone!

As we step into May, the Dietary Department is embracing the freshness of spring with lighter, seasonal menus packed with flavor and nutrition. This month, we're focusing on incorporating more fresh fruits, leafy greens, and herbs into our meals. We have just started the new Spring/Summer menus, which have new dishes featuring a new leafy fruited chicken salad, cottage cheese fruit plates, Hawaiian turkey, and many more new items, all are full of health benefits!

Nutrition Tip of the Month:

Hydration is just as important as ever as the days warm up! Try to drink at least 6–8 glasses of water a day. Add slices of lemon, cucumber, or mint for a refreshing twist.

Special Dates to Remember:

May 11th: Mother's Day

May 12–18: National Vegetarian Week – We'll be offering a variety of delicious vegetarian options all week long!

May 25: Fresh Fruit Friday –

May 26th: Memorial Day

As always, we're here to serve our Residents, Staff, and other family members and guests that have a meal with a loved one or friends. We support the well-being of others through delicious, nutritious meals. Feel free to reach out with any feedback or suggestions—we love hearing from you!

Stay well and eat bright,

Sparkling Summer Lemonade

Ingredients:

1 cup sugar

3 sprigs fresh mint, plus one more for serving

½ cup lemon juice plus 1 lemon sliced into wheels

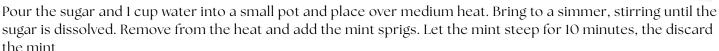
½ cup blackberries

½ cup raspberries

½ cup strawberries, halved

2 liters seltzer or soda water

Directions



Add the mint simple syrup to a large pitcher, punch bowl or serving canister. Add the lemon juice, Blackberries, raspberries, strawberries, and lemon wheels and give a good stir. When ready to serve, fill the pitcher halfway with ice. Top the mixture with seltzer and give a good stir. Serve over ice with sprigs of fresh mint.

Laundry/Housekeeping By: Doris Holmes

The spring weather always makes me want to do some spring cleaning. The problem for me is procrastination and just where to begin!? So now we can rely on google. Here are some ideas on how to tackle those projects!

I know here at Rotary Senior Living our Housekeeping/Laundry department always have a plan. We are grateful to them!



















Fruit Crossword























ACROSS

- Fuzzy fruit

- Nectar source
- National fruit of India
 Kind of sauce

 - 8) Clunker

 - Bronx cheer
- Kind of split

 - Noggin
 - Good in muffins Shortcake item
- Halloween hue

- Breakfast melon
- Vineyard fruit

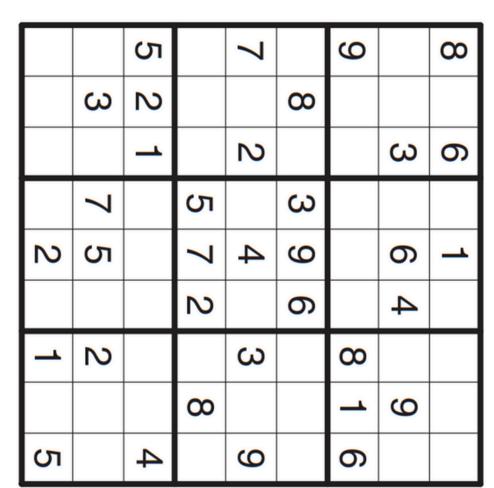
- 16) Cut back

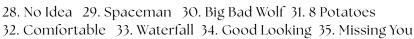
Sundae crown 17) Picnic fare











36. Seahorse

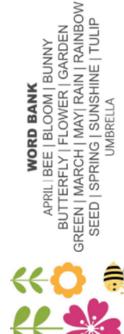
Sudoku Puzzle #3

LEVEL: Easy



Spring Word Scramble

EDES .	CAMHR	YBNUN	HSSNIEUN -	GNRIPS	YMA .	EBE .	DREGNA .	NIAR .	LFBTUTREY_	PLRIA .	MLOBO .	NERGE .	PLITU .	WFLORE .	BLLAMURE _	WBNIAOR -
			8													
			3													



UMBRELLA

WORD BANK

Riddle: What has a bottom at the top?

Answer: Your legs.

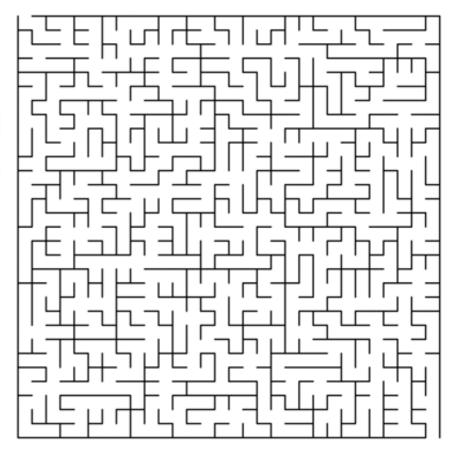
Riddle: If you drop a yellow hat in the Red Sea, what does it become?

Answer: Wet

Riddle: I can be cracked, I can be made. I can be told, I can be played.

Answer: A joke.

Maze #1



SOLUTION

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Answer

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9	1	3	2	8	9	5	4	7
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З	6	7	8	5	4	1	9	2
5	8	4	1	9	2	6	7	3





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ROTARY SENIOR LIVING mix campus of care

WE'RE HIRING: Weekend Overnight RN





500 S Blaine Ave

Eagle Grove, IA 50533



www.rotaryseniorliving.com





doris.holmes@rotaryseniorliving.com



ROTARY SENIOR LIVING

WE'RE HIRING: Director of Nursing



Are you a compassionate, experienced nurse leader ready to make a meaningful impact in senior care?

Rotary Senior Living is seeking a dedicated Director of Nursing (DON) to join our leadership team and help us continue delivering exceptional care to our residents.

Benefits: Competitive salary, full benefit package, and supportive leadership and a warm, team-oriented culture

Requirements:

- · Valid RN license in the state of Iowa
- Previous experience in long-term care or senior living preferred
- Proven leadership and communication skills
- Passion for serving older adults with dignity and respect

For more information or to apply, please send your resume to doris.holmes@rotaryseniorliving.com or contact our Human Resource Department.

Join our team and make a difference!



500 S Blaine Ave Eagle Grove, IA 50533



www.rotaryseniorliving.com





doris.holmes@rotaryseniorliving.com



515-448-5124 ext 233